

May 2018

St. Patrick Catholic School

LUNCH



Hot Lunch Coordinator: Lorie Bourne
MS,RD,LD, CNSC
loriebourne@yahoo.com

Milk: \$0.15 Meal: \$3.00



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Tuesday

Wednesday

Thursday

Friday

Soft shell beef taco **1**
Refried beans
Vegetable medley
Canned pineapple

Oven fried chicken thigh **2**
Mashed sweet potatoes
Yellow squash
Grapes

BBQ chicken **3**
Tater tots
Tossed salad
Canned apricots

Chicken taco pizza **4**
Bread stick
Fruit Cocktail
Chocolate pudding

Sweet and sour chicken **7**
Fried rice
Asian vegetable blend
Canned mandarin oranges

Chicken fajitas on soft shell **8**
Spanish rice
Refried beans
Apple

Meatloaf **9**
Mashed potatoes/gravy
Green peas
Canned tropical fruit

10
Bring your own cold lunch

Little Caesars Pizza **11**
3 slices of Cheese pizza
2 Breadsticks
Canned peaches

14
Bring your own cold lunch

15
Bring your own cold lunch

16
Bring your own cold lunch

17
Bring your own cold lunch

Little Caesars Pizza **18**
3 slices of Pepperoni pizza
2 Breadsticks
Applesauce

21

22

23

24

25

28

29

30

31

