



**Lunch: \$3.50**  
**Milk:**



**Nutrition Tip:** August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!



Reference: USDA MyPlate

**Monday**

**Tuesday**

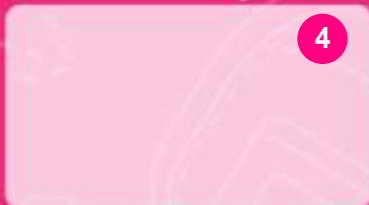
**Wednesday**

**Thursday**

**Friday**



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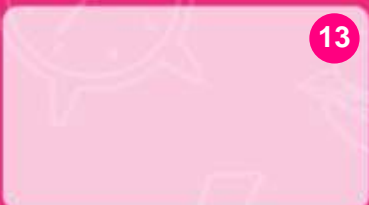
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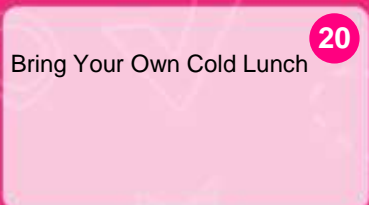
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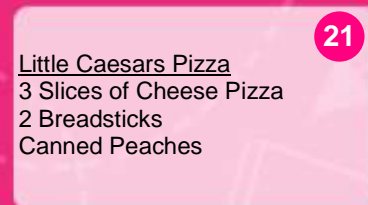


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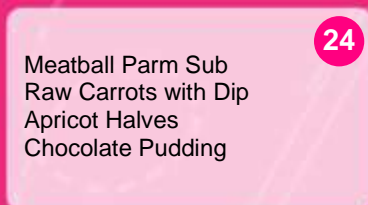
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Bring Your Own Cold Lunch



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Little Caesars Pizza  
3 Slices of Cheese Pizza  
2 Breadsticks  
Canned Peaches



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Meatball Parm Sub  
Raw Carrots with Dip  
Apricot Halves  
Chocolate Pudding



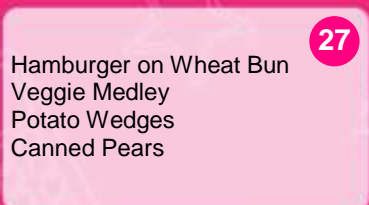
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Chicken Tacos  
Spanish Rice  
Roasted Corn  
Fresh Pineapple Wedge



26

Macaroni & Cheese  
Roasted Vegetables  
Whole Wheat Roll  
Fruit Cocktail



27

Hamburger on Wheat Bun  
Veggie Medley  
Potato Wedges  
Canned Pears



28

Grilled Chicken  
Broccoli & Cauliflower  
Scalloped Potatoes  
Canned Tropical Fruit



31

Teriyaki Chicken  
Brown Fried Rice  
Vegetable Medley  
Orange Slices

