



Hot Lunch Coordinator:
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Milk: \$0.15 Meal: \$3.00



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

Sloppy Tom Sandwich
Tater tots
Green beans
Banana

5

Soft shell beef taco
Refried beans
Rice
Canned pineapple

6

Chicken noodle soup
Turkey sandwich on wheat
Steamed carrots
Fruit cocktail

7

Pork sandwich with BBQ sa
Baked beans
Carrot sticks with dip
Canned apricots

1

Little Caesar's Pizza
3 slices Cheese pizza
2 bread sticks
Applesauce

2

No School

12

Chili
Cornbread
Carrot and celery stick and dip
Orange slices

13

Pi day
Chicken strips
Garlic herb smashed potatoes
Mexican grilled corn
Apple pie

14

Mrs. Cremer Cooking
Spaghetti with meat sauce
Garlic toast
Carrot sticks
Applesauce

15

Little Caesar's Pizza
3 slices Cheese pizza
2 bread sticks
Canned peaches

16

Shepherd's pie
Corn on the cob
Fresh snow peas
Mandarin oranges

19

Hamburger
Baked beans
Tossed salad
Canned pears

20

Cheese quesadillas
French fries
Yellow squash
Apple

21

Chicken tenders
Steamed broccoli
Garlic bread
Canned pineapple

22

Crispy fish taco
Coleslaw
Canned tropical fruit
Chocolate pudding

23

No School

26

No School

27

No School

28

No School

29

No School

30