

April 2018

St. Patrick School Lunch Menu



Hot Lunch Coordinator:
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Meal: \$3.00 Milk: \$0.15



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

No School 2

Beef Nachos 3
Refried beans
Spanish rice
Canned apricots

Grilled chicken 4
Mashed sweet potato
Green beans
Canned pineapple

Hot dog 5
French Fries
Carrot Sticks
Apple

Little Caesars Pizza 6
3 slices of Pepperoni pizza
2 Breadsticks
Applesauce

Corndog 9
Macaroni salad
Steamed broccoli
Fruit Cocktail

Spaghetti with red sauce 10
Grilled Zucchini
Garlic bread
Canned pears

Macaroni and cheese 11
Peas and Carrots
Wheat roll
Grapes

Hamburger 12
Baked beans
Raw veggies and dip
Canned tropical fruit

Orange chicken 13
Brown rice
Chinese broccoli stir fry
Canned mandarin oranges

Sloppy Tom sandwich 16
Tater tots
Green beans
Canned apricots

Soft shell beef tacos 17
Pintos with cheese
Cilantro lime rice
Orange slices

Chicken strips 18
Red roasted potatoes
Steamed carrots
Applesauce

Fried fish 19
Cornbread
California blend vegetables
Canned pineapple

Little Caesars Pizza 20
3 slices of Cheese pizza
2 Breadsticks
Canned peaches

Salisbury steak 23
Vegetable medley
Wheat roll
Fruit cocktail

Hard shell beef tacos 24
Refried beans
Rice
Canned pears

Grilled chicken 25
Garlic herb smashed potatoes
Honey lemon carrots
Canned tropical fruit

Ham pizza 26
Tossed Salad
Mandarin oranges
Chocolate pudding

Chicken ala King 27
Pineapple fried rice
Grilled vegetables
Grapes

Shepherd's pie 30
Fresh snow peas
Wheat roll
Banana

