



Hot Lunch Coordinator:
Lorie Bourne MS, RD, LD, CNSC
loriebourn@yahoo.com

Milk: \$0.15 Meal: \$3.00



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Hamburger bun **1**
French Fries
Green beans
Fresh Pineapple

Cheese Ravioli with Bolognese sauce **8**
Brea sticks
Tossed salad
Mandarin oranges

Little Caesar's Pizza **15**
3 slices Cheese pizza
2 bread sticks
Applesauce

Little Caesar's Pizza **22**
3 slices Pepperoni pizza
2 bread sticks
Canned peaches



Tuesday

Grilled chicken **2**
3 cheese macaroni
Winter vegetable blend
Apricot halves

Turkey **9**
Mashed potatoes/gravy
California blend vegetables
Banana

16
Bring a Cold Lunch

23
Bring a Cold Lunch

30
Have a Great Summer!!

Wednesday

Chili **3**
Baked potato
Raw veggies with dip
Fruit Cocktail

Cheese burger **10**
French fires
Carrot sticks
Applesauce

17
Bring a Cold Lunch

24
Bring a Cold Lunch

31

Thursday

Penne pasta with marinara **4**
Roast zucchini
Garlic bread
Canned peaches

Corn dog **11**
3 cheese macaroni
Steamed broccoli/cauliflower
Canned pears

18
Bring a Cold Lunch

25
Bring a Cold Lunch

Friday

Chicken fajitas **5**
Spanish rice
Refried beans
Canned tropical fruit

Southwest beef taco **12**
Spanish rice
Refried beans
Grapes

19
Bring a Cold Lunch

26
Last Day of School
Field Day
Early Dismiss

