

December 2017

St. Patrick Catholic School



Hot Lunch Coordinator:
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Meal: \$3.00 Milk: \$0.15



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

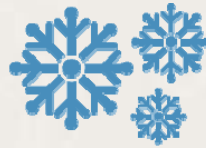


Monday



Tuesday

Wednesday



Thursday

Friday

Fried Chicken **4**
Homemade potato chips
Yellow Squash
Canned apricot halves

Soft shell beef taco **5**
Refried beans
Spanish rice
Canned pineapple

Hot Dog **6**
French Fries
Roasted broccoli/cauliflower
Fruit cocktail

BBQ chicken **7**
Tater tots
Green beans
Fresh pear

Pepperoni Calzone **1**
Tossed Salad
Apple
Chocolate chip cookie

Little Caesars Pizza **8**
3 slices of Cheese pizza
2 Breadsticks
Canned peaches

Chicken tenders **11**
Steak cut French Fries
Sugar snap peas
Canned pears

Chicken noodle soup **12**
Turkey and cheese sandwich
Raw veggies and dip
Orange slices

Turkey meatloaf **13**
Mashed potatoes with gravy
Green peas
Canned tropical fruit

Cheese burger **14**
Baked beans
Sweet corn on the cob
Mandarin oranges

Spaghetti with marinara sauce **15**
Tossed Salad
Garlic bread
Canned apricot halves

Little Caesars Pizza **18**
3 slices of Pepperoni pizza
2 Breadsticks
Applesauce

19
Bring your own cold lunch

20
Early Dismiss
No Lunch

21
NO SCHOOL

22
NO SCHOOL

25
NO SCHOOL

26
NO SCHOOL

27
NO SCHOOL

28
NO SCHOOL

29
NO SCHOOL