

Hot Lunch Coordinator:
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Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday



Little Caesars Pizza
3 slices of Pepperoni pizza
2 Breadsticks
Canned peaches

Bring your own cold lunch

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Cheeseburger
French Fries
Corn on the Cob
Watermelon

Soft shell beef tacos
Cilantro lime rice
Refried beans
Canned pineapple

Cheese Ravioli with red sauce
Garlic Sticks
Peas and carrots
Canned Fruit Cocktail

Pork Sandwich
Homemade Potato chips
Green beans
Canned apricot halves

Little Caesars Pizza
3 slices Cheese Pizza
2 Bread Sticks
Applesauce

Sloppy Joe Sandwich
Tater Tots
Baked beans
Canned pears

Taco Salad
Chips and Salsa
Spanish rice
Grapes

Corn dog
Seasoned French fries
Raw veggies and dip
Canned mandarin oranges

Turkey burger
Steak cut French fries
Tossed salad
Canned tropical fruit

