

Rolla School Athletics

(7th -12th Grades)

Physicals or Annual Updates must be turned in to the RHS Activities Office **BEFORE** an athlete can participate/try-out in *any* sport or band.

Practices:

First Day of High School Practice: August 12th
(9th - 12th Grades)

First Day of Junior High Practice: August 19th

Participation Fees must be paid in the RHS Activities Office & the Co-Curricular requirement must be completed before an athlete can participate in any contest.

Please call 458-0149 with any questions.

ROLLA PUBLIC SCHOOLS ATHLETIC TRY-OUT AND EARLY PRACTICE SCHEDULE

Sport: Cross Country

Level: Junior High

Head Coach: Kim Brand

Location: Junior High

Dates & Times:

August 13:	First Day of School
Not Yet Scheduled	Meeting at JH Gymnasium at 7:30 am
August 19 - season:	6:30 am
August 22 nd :	Co-Curricular Meeting - 6 pm at RJS Cafeteria
September 3:	Team pictures after school in the RJH Gym
September 16:	First Meet @ Lebanon Junior High

Practice Schedule is subject to change, remaining practice schedule will be provided by coach.

Sport: 8th Grade Football

Head Coach: Bryce Swafford

Location: Rolla Junior High Practice Field

Dates & Times:

August 13:	First Day of School
August 15:	3:30 pm Meeting
August 19 - season:	Practice from 3:30 - 5:30 pm
August 22:	Parent Meeting @ 5:30 pm
August 22:	Co-Curricular Meeting - 6 pm at RJH Cafeteria
September 3:	Team pictures after school
September 19:	First Game @ Camdenon

Practice Schedule is subject to change, remaining practice schedule will be provided by coach.

Level: 7th Grade Football

Head Coach: Derek Chance

Location: Rolla Junior High Practice Field

Dates & Times:

August 13:	First Day of School
August 14:	3:30 pm Meeting
August 19- season:	Practice from 3:30 - 5:30 pm
August 22:	Parent Meeting @ 5:30 pm
August 22:	Co-Curricular Meeting - 6 pm at RJS Cafeteria
September 3:	Team pictures after school
September 12:	First Game vs Camdenon

Practice Schedule is subject to change, remaining practice schedule will be provided by coach.

Sport: Volleyball

Level: 8th Grade

Head Coach: Erica Ballinger

Location: Rolla Junior High School Gyms

Dates & Times: August 13: First Day of School
August 19 - 21: 3:15 pm - 5 pm (try-outs)
August 22 - season: 3:15 pm - 5 pm
August 22: Parent Meeting @ 5:30 pm
August 22: Co-Curricular Meeting - 6 pm RJH Cafeteria
September 3: Team pictures after school in the RJH Gym
September 12: First Event @ Waynesville Middle School
Practice Schedule is subject to change, remaining practice schedule will be provided by coach.

Sport: Volleyball

Level: 7th Grade

Head Coach: Jessica Garrett

Location: Rolla Junior High School Gyms

Dates & Times: August 13: First Day of School
August 19 - 21: 3:15 pm - 5 pm (try-outs)
August 22 - season: 3:15 pm - 5 pm
August 22: Parent Meeting @ 530 pm
August 22: Co-Curricular Meeting - 6 pm RJH Cafeteria
September 3: Team pictures after school in the RJH Gym
September 11: First Event vs Thomas Jefferson Middle School
Practice Schedule is subject to change, remaining practice schedule will be provided by coach.

Winter Sports: First possible practice is November 4th

- Girls 7th Grade Basketball
- Boys 7th Grade Basketball
- Girls 8th Grade Basketball
- Boys 8th Grade Basketball

Spring Sports: First possible practice is March 2nd

JH Track

Cheer is a fall + winter activities with cheer try-outs in mid-March for the 2020-2021 school year